



# VALLEY YOUTH CONFERENCE, INCORPORATED FOOTBALL STAFF ETHICS

CLUB: \_\_\_\_\_ DIVISION: \_\_\_\_\_

YEAR: \_\_\_\_\_ POSITION: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ ZIP CODE \_\_\_\_\_

TELEPHONE NUMBER: (EVENING) ( ) \_\_\_\_\_ (DAY) ( ) \_\_\_\_\_

NOTIFY IN EMERGENCY: \_\_\_\_\_ TELEPHONE: ( ) \_\_\_\_\_

A coach, advisor, or other adult acting in an official capacity may be barred from further participation in the Conference by violation of any of the following rules and will be subject to the prescribed penalties. These penalties will be at the direction of the Hearing Board.

Definition of penalties

- |   |  |
|---|--|
| a. Penalty A  | Permanent suspension                           |
| b. Penalty B  | One calendar year suspension                   |
| c. Penalty C  | Suspension of two week and or season to season |
| d. First, second, and third offenses are cumulative from season to season |  |

### **THE COMMISSIONER MUST REVIEW ALL SUSPENSIONS WITHIN 72 HOURS OF THE DIVISION PRESIDENTS RULING.**

- He/She will refrain from smoking or using illegal substances during all practices and games.  
1<sup>st</sup> offense      Penalty C
- He/She will not criticize player in front of spectators, but reserve constructive criticism in private, or in the presence of the team.  
1<sup>st</sup> offense      Penalty C
- He will accept decision of officials on the field as being fair and called to the best ability of the officials. He/She will not threaten, challenge, or use derogatory language toward officials on or off the field.  
1<sup>st</sup> offense      Penalty C  
2<sup>nd</sup> offense      Penalty B
- He/She will not criticize the opposing team, its coaches or fans, by word of mouth or gesture.  
1<sup>st</sup> offense      Penalty B
- He/She will not permit "sweating down" tactics in order for a player to make the team weight. Independent jogging, running or engaging in other physical activity, if performed in a normal football uniform or parts thereof, is not "sweating down". **HE/SHE SHALL NOT PERMIT THE USE OF ANY ARTIFICIAL MEANS OR DEHYDRATING A PLAYER OR PLAYERS. SWEATING DOWN** Includes but is not limited to: 1. steam rooms 2. steam cabinets 3. rubber sweat suits or plastic bags 4. physical activity while dressed in any heat-retaining garment any method, including the use of drugs that might be injurious to health  
1<sup>st</sup> offense      Penalty B  
2<sup>nd</sup> offense      Penalty A
- He/She will not permit a player to re-enter a game once he is badly bruised or injured to such an extent that further play would jeopardize his health. He will abide by the team doctor or physicians, or the attending emergency medical personnel decision on all matters of injury.  
1st offense      Penalty C  
2nd offense      Penalty B
- He/She will refrain from using abusive and profane language in the presence of anyone connected with the game.  
1<sup>st</sup> offense      Penalty C  
2<sup>nd</sup> offense      Penalty B/A

8. He/She will refrain from "**PILING IT ON**" as the phrase is used where a team gets a commanding lead and desires to raise the score as high as possible. In these instances he/she will make every effort to let all players play, not just the required (4/8) plays, but many plays.

1<sup>st</sup> offense      Penalty C

**9. HE/SHE SHALL NOT TERMINATE GAME PLAY AT ANY TIME: UNLESS SAID GAME IS TERMINATED BY GAME OFFICIALS.**

1<sup>st</sup> offense      Penalty B

2<sup>nd</sup> offense      Penalty A

10. It shall be considered against coaching ethics to scout an opposing team in practice.

1<sup>st</sup> offense      Penalty B

2<sup>nd</sup> offense      Penalty A

11. Any coach who knowingly plays an ineligible player will be automatically suspended by the Conference Board, and may not again assume coaching or any other duties with any team in the Conference without approval of the Executive Board.

1<sup>st</sup> offense      Penalty C

2<sup>nd</sup> offense      Penalty B

12. He/She will not strike any other coach, manager, player, or spectator during practice or games. Strike is defined as touching the body of another person in an aggressive manner with the intent to harm or attempting to strike even though contact is not made.

1<sup>st</sup> offense      Penalty B

2<sup>nd</sup> offense      Penalty A

13. He/She will take action to prevent kicking, profanity, and gouging and/or dirty unsportsmanlike play

1st offense      Penalty B

2nd offense      Penalty A

14. He/She will not allow any uniform or equipment changes (including cleats) after weigh-in unless approved by the game official.

1<sup>st</sup> offense      Penalty C

2<sup>nd</sup> offense      Penalty B

15. He/She will not permit any practices or scrimmages to last over two (2) hours, nor will he allow more than the number of practice sessions as outlined.

1st offense      Penalty C

2nd offense      Penalty B

16. He/She will not be ejected from a game: **(amended 2003)**

1st offense      Penalty 7 day suspension **(1 week practice & game)**

2nd offense      Penalty B and \$100.00 fine

17. Any coach, manager, or Conference Member who allows an ineligible player to play or allows player to play on or against a team in a different Division or to play under another players name will be suspended.

1<sup>st</sup> offense      Penalty B

18. He/She will not permit an ineligible player to participate in a game until the Executive Board has approved the player for play.

1<sup>st</sup> offense      Penalty C

2<sup>nd</sup> offense      Penalty B

19. He/She will not allow a member of the coaching Staff to receive compensation for coaching.

1<sup>st</sup> offense      Penalty A

20. He/She will at all times be on the alert for any signs that would indicate a possibility of a health hazard and will insure alertness by the members of his staff.

21. He/She will emphasize the good athletes and good students are physically and mental alert.

22. He/She will strive to make every activity serve as training ground for life, and as a basic for good mental and physical health.

23. He/She will emphasize that the winning of a game is a result of "**TEAM WORK.**"

**I HAVE READ, UNDERSTAND, AND AGREE TO ABIDE BY THE VALLEY YOUTH CONFERENCE, INC. FOOTBALL COACHING ETHICS AND DISCIPLINARY ARTICLES AS STATED ABOVE.**

**SIGNED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**(THIS FORM TO BE HELD IN TEAM MANAGERS BOOK)**